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Full Prescribing Information
Medication Guide

Learn more about HUMIRA
(adalimumab)

HUMIRA is used to treat moderate to severe chronic (lasting a long time) plaque psoriasis in adults who are under the ongoing care of a physician, have the condition in many areas of their body, and who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet light alone or with pills). When considering HUMIRA, your physician will determine if other systemic therapies are medically less appropriate.

Important Safety Information About HUMIRA® (adalimumab)

What is the most important information I should know about HUMIRA? You should discuss the potential benefits and risks of HUMIRA with your doctor. HUMIRA is a TNF-blocker medicine that can lower the ability of your immune system to fight infections. You should not start taking HUMIRA if you have any kind of infection.

• **Serious infections have happened in patients taking HUMIRA.**

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Health notables

AUGUST 17, 2010

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Dr. Gregory A. Masters, medical oncologist at Christiana Care's Helen F. Graham Cancer Center, has received a 2010 Statesman Award from the American Society of Clinical Oncology, the world's leading professional organization representing physicians who care for people with cancer. Recipients of the Statesman Award have volunteered at least 20 years of service to the society. Masters is also director of the Medical Oncology Fellowship program at Christiana Care and a member of Medical Oncology Hematology Consultants.



Bayhealth Medical Center has appointed **Dr. Eric J. Gloss** as Bayhealth's new vice president of medical affairs. Most recently, Gloss was vice president of medical affairs for Johnston Health in Smithfield, N.C., and previously served as vice president of medical affairs for Knox Community Hospital in Mount Vernon, Ohio. Gloss earned his master's in medical management from Carnegie Mellon University and his doctor of osteopathy degree from Michigan State University, and he served an Emergency Department residency at Mt. Clemens (Mich.) General Hospital.

Dr. Katherine A. Sahn has joined the St. Francis Hospital surgical team. Previously, she was general surgeon for Christiana Institute of Advanced Surgery in Newark. Sahn, a native Delawarean, graduated from Jefferson Medical College and completed her surgical residency at Christiana Care Health System. Also a Major in the U.S. Army Reserve Medical Corps, she served for 3 1/2 months in Iraq in 2009. Sahn is a fellow of the American College of Surgeons and recently was elected to serve as the young surgeon representative for the Delaware Chapter of the American College of Surgeons.

The Wellness Community Delaware has presented the Lifetime Achievement Award to **Midge Pettinaro** and **Verino Pettinaro** for their commitment to Delawareans who have been affected by cancer. The Wellness Community Delaware is an affiliate of the Cancer Support Community, and part of a national nonprofit organization that provides support, education and hope to people with cancer and their loved ones.

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Masters



Gloss



M. Pettinaro

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V. Pettinaro

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